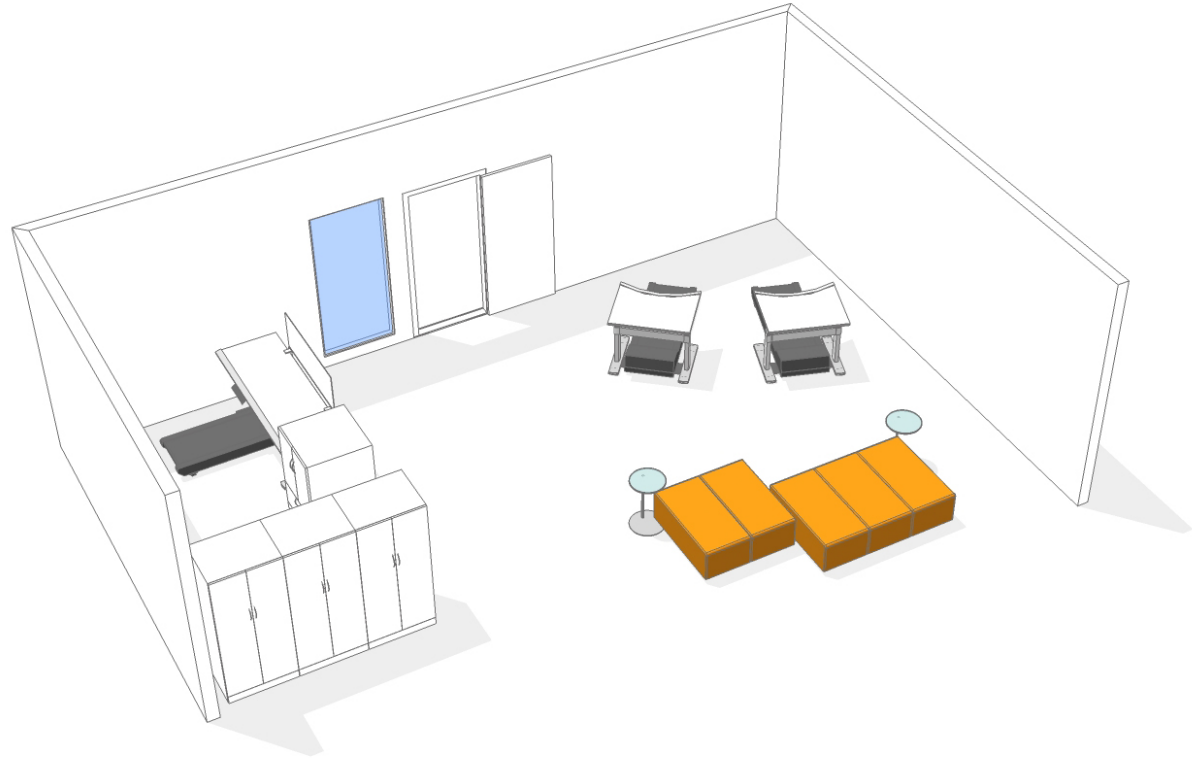


21' x 32'

Why sit when you can walk? Here in a waiting area, the Walkstation can provide visitors and receptionists the opportunity to walk while doing other tasks instead of sitting. Studies show that walking, even for 5 minutes, can restart the body's metabolism which goes into hibernation mode with no physical activity - not to mention the positive affect walking can have on stress reduction. Here, a reception station utilizes a Sit-to-Walk unit while visitors can walk on one of the compact Walkstation units.



## Primary Work Dynamic

## Work Process

## Activities Performed

- General Computing
- Phone/Conference Calls
- Reading
- Waiting

## Solve User Needs

- Support diverse needs of users.
- Relieve strain of sedentary postures
- Relieve Fatigue and Stress
- Enable healthier ways of performing job tasks
- Energize the metabolism
- Make waiting less stressful

## User Experience

- Space to perform computing tasks, space to perform paper based tasks, aids in relieving fatigue and stress, build trust and employer loyalty, energize user, improve creativity.