

# Height-Adjustable worksurfaces.



All sizes fit one.



details®

# Height-AdjustTables.

Is the simple logic of the furniture the starting point to its beauty?



Or is the simple beauty of the furniture the starting point to its logic?



Tables that move  
for people who need to.



Remember the way it used to be?



Sit. Arms parallel to the floor. No break in the wrists. Top of the screen at eye level. Feet flat on the floor. Now work!

All well and good, but so prescriptive. And so very yesterday.

Today it's not about static postures and static thinking. It's all about movement. Details Height-Adjustables deliver the motion and emotion that help to bring health to workers and the workplace.

Some companies are fixated on fixed-height furniture.

But what if ...

... Height-Adjustables could actually help to reduce the cost of churn?

... Height-Adjustables could significantly reduce your real estate footprint?

... Height-Adjustables could help to reduce medical claims?

... Height-Adjustables could pay for themselves in less than two years?

Simply theoretical?  
Not at all. Learn how to put theory into practice.

Read "The Case for Height-Adjustability" (AdStock # 08-0000915). Ask your Details representative or Steelcase Dealer for a copy. Or see it online at the Details web site ([www.details-worktools.com](http://www.details-worktools.com)).



Series 3



Series 5

Welcome to a workspace world in flux. An “un-cubed” world. A place where more people are making more moves into less space than ever before. And the people who are charged with managing the space are also charged with managing the moves, improving workplace productivity and insuring workforce health.

05-0002563

05-0002563

A place where more people are making more moves into less space.



Series 7

# Height-Adjustables give you a healthy new way to manage all this change.



## **Series 7**

You want more? Series 7 is the one. We call it “enhanced sit-to-stand height-adjustability.” It features so many shapes, sizes and optional controller features.

*For full Series 7 product information order brochure #08-000153 from AdStock. Or check online: [www.details-worktools.com](http://www.details-worktools.com).*



## **Series 5**

Full electric sit-to-stand height-adjustability with a more modest range of options at a more modest price.

*For full Series 5 product information order brochure #08-0001014 from AdStock. Or check online: [www.details-worktools.com](http://www.details-worktools.com).*

# It's called "easily."



## **Airtouch™**

Airtouch smoothly raises and lowers with a light touch; there are no electrical components. And the user has complete control of the adjustment speed.

*For full Airtouch product information order brochure #08-0000161 from AdStock.*



## **Series 3**

This easy-turn-crank solution minimizes expense while delivering a full range of seated height-adjustability.

*For full Series 3 product information order brochure #07-0006345 from AdStock. Or check online: [www.details-worktools.com](http://www.details-worktools.com).*

# A studied approach.

In a study of the “Effects of an electronic height-adjustable worksurface on self-assessed musculoskeletal disorders, discomfort and productivity among computer workers,” Intel Corporation, determined the following key findings:



## The Human Form in the Workplace: 2004 – 2005

- Workers using electric height-adjustable workstations gave higher comfort ratings for keyboard, mouse, chair and workstation than those using fixed height workstations.
- 58% of the electric height-adjustable users reported the table somewhat or definitely helped, versus 20% of the fixed height users.
- 82% of the respondents preferred the electric height-adjustable to a fixed height worksurface.
- Results indicated that electric height-adjustable users have improved comfort at the workstation, reduced severity of musculoskeletal discomfort and self-rated productivity improvements.



**Jana, 5' 2" short**  
(20th percentile female)

**David, 6' 4" tall**  
(99th percentile male)

*From a study presented at the National Ergonomics Conference and Exposition, 2004. Logistics and data collection: Earnest J. Ray\*, Site EHS Ergonomist, Intel Corporation\*, Santa Clara, CA.*

*\*Use of the above information should not be construed as an endorsement of Details Height-Adjustable worksurfaces by either Earnest J. Ray or Intel Corporation.*

## AdjuSTables Comparison Chart



	Series 7	Series 5	Airtouch	Series 3
<b>Range of Adjustment</b>	24 <sup>1</sup> / <sub>4</sub> " – 52" Sit-to-Stand	25 <sup>1</sup> / <sub>2</sub> " – 52" Sit-to-Stand	26" – 43" Sit-to-Stand	22" to 34" Seated
<b>Type of Adjustment</b>	Electric/User	Electric/User	Mechanism/User	Crank/User
<b>Distributed Weight Capacity</b> <small>(includes worksurface weight)</small>	360 lbs. (2-leg) 540 lbs. (3-leg)	220 lbs.	150 lbs.	220 lbs.
<b>Worksurface Shapes</b>	Straight Corner Bi-level 90° 120° Custom	Straight Corner Bi-level (limited) 90° 120° Custom	Straight Corner Bi-level 120° Custom (limited)	Straight Corner Bi-level (limited) 90° 120° Custom
<b>Wire Management Included</b>	Yes	Yes	No	No
<b>Controller</b>	Up/Down, Presets, Digital Presets	Up/down	Paddle	Front-mounted handle
<b>Motor</b>	Enclosed	Exposed	N/A	N/A
<b>Adjustability Speed</b>	1.7"/sec.	1.7"/sec.	User speed (1 sec.)	4 or 6 turns/1"
<b>Stretcher Design</b>	One piece	Telescoping - two piece	N/A	Telescoping - two piece
<b>Base Only Availability</b>	Yes	Yes	No	Yes
<b>ANSI/BIFMA</b> <small>(Knee Depth Requirement)</small>	Meet or Exceed	Meet or Exceed	Do not Meet (with exceptions)	Meet or Exceed

# The height of adjustability: The Walkstation.

Walking while working: The next step in the full spectrum of motion.

**A healthy new way to truly make work a moving experience.**

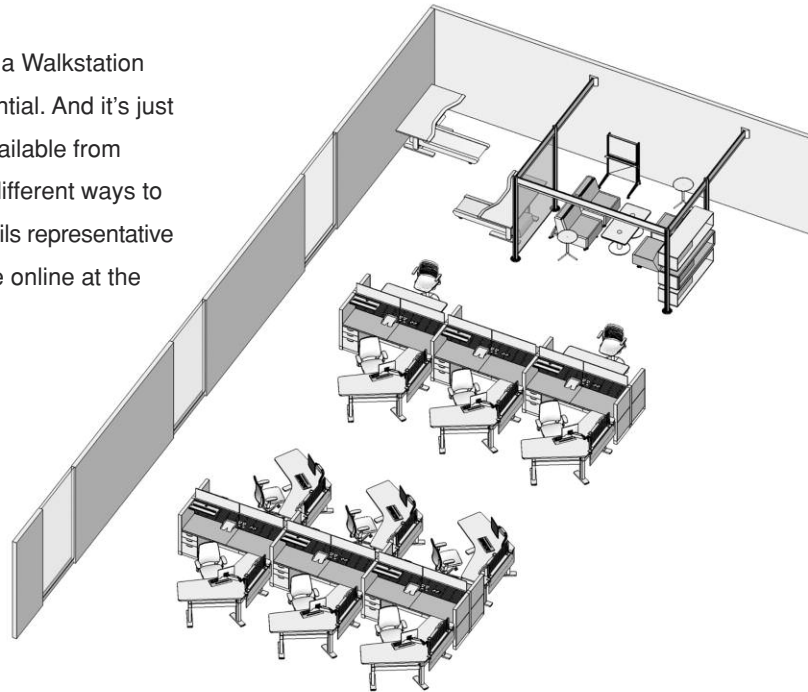
The Walkstation is the combination of a fully integrated Series 7 electric height-adjustable worksurface with an exclusively engineered, low speed commercial grade treadmill. At a **maximum speed of 2 mph** the Walkstation – the first product in the entirely new FitWork™ category of products from Details – lets you walk comfortably, burn calories, feel healthier and more energized ... all while accomplishing the work you'd normally do while seated.

No sweat.



# So many ways to go.

It's entirely possible to combine Series 7, 5, 3, Airtouch and a Walkstation within the same facility. This little illustration shows the potential. And it's just one from a series of Height-Adjustable Thought Starters available from Details in a comprehensive packet that explores the many different ways to look at space. Order Adstock # 08-0001038. Or ask your Details representative or Steelcase Dealer for a Thought Starter set. Also available online at the Details web site ([www.details-worktools.com](http://www.details-worktools.com)).



## Immodest about privacy?

For more information about optional Privacy Screens and Modesty Screens, please see the Details SpecGuide or go to the Adjustables page on the Details web site ([www.details-worktools.com](http://www.details-worktools.com)).



# All sizes and shapes fit one



Series 7 90° *Boot*, overhead view



Series 5 90°, standing height



Series 7 120°, standing height



Series 5 Rectangular, standing height



Series 7 Rectangular, seated height



Series 5 120°, seated height

So many ways to configure for so many different figures.  
Go figure.



Airtouch Rectangular, seated height



Airtouch Corner, seated height



Airtouch Rectangular, standing height



Series 3 Rectangular, seated height



Series 3 90°, overhead view



Series 3 120°, overhead view

adjustables™



**Height-Adjustables**  
All sizes fit one.

Call Details Customer Alliance for support — 800.833.0411

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